

## **IOSH - WORKING SAFELY**

### **COURSE AIMS**

This course focuses on the importance of health and safety and how delegates can make a real difference to the wellbeing of themselves and others through changing their behaviour. It is designed to ensure that their actions contribute to health and safety in the workplace and that they clearly understand their individual responsibilities.

### **LEARNING OBJECTIVES**

At the end of this course the delegates will: -

- Have an understanding of the realities of the human suffering and the importance of personal responsibility.
- Be able to define hazard and risk and understand risk assessment.
- Be able to identify common hazards including entrances, exits, work traffic, electricity, slips, trips, falls, manual handling, etc.
- Have a clear understanding of improving safety performance through systems and processes and their part in the processes.
- Have an understanding of reducing environmental impacts.

### **COURSE DURATION**

One day.

### **PRE-REQUISITES**

There are no particular educational or competence pre-requisites for the course. However, the following factors are important

- Sound literacy skills

### **PERSONAL PROTECTIVE EQUIPMENT**

This course has only classroom based elements. No PPE will be required for the course.

### **CERTIFICATION**

An IOSH Working Safely Certificate or credit card sized passport card.