

# Cold Bolt Expansion

## **Course Aims**

This course is intended to provide delegates with a full understanding of the Cold Bolt Expansion kit and the method of carrying out these duties in a safe and efficient manner.

### Learning Objectives

At the end of this course the delegates will: -

- Understand fully the responsibilities relating to the operation of Cold Bolt Expansion kit
- Understand the relevant Health and Safety operation of hand held power plant in Network Rail.
- Be able to identify the different size gauges in the sleeves used on new and old rail.
- Understand fully the safety requirements included in the Regulations
- Be aware of and avoid the dangers when using the Cold Bolt Expansion kit
- Know how to safely check the Cold Bolt Expansion kit (old and new rail) prior to use and the action necessary with faulty equipment

#### **Course Duration**

One day for practical application Cold Bolt Expansion kit.

#### **Pre-Requisites**

Delegates will require to hold a valid P.T.S. Certificate.

#### **Personal Protective Equipment**

This course requires the delegate to be on or near the running line, therefore, he/she MUST be in possession of: -

- Valid P. T. S. Card
- Protective "all orange" High Visibility Clothing to BS EN 471:2003
- Safety Footwear to BS EN ISO 20345:2004
- Safety Helmet (white/blue) to BS EN 397:1995
- General Purpose Gloves to BS EN 388:2121
- Ear Protection
- Overalls

The protective equipment must comply with current safety standards.

#### Certification

A Certificate of Competence will be awarded to the delegate upon successful completion of an underpinning knowledge theory assessment and practical test.