

# Introduction to Hand Held Portable Plant

# **Course Aims**

This course is intended to provide delegates with a full understanding of the Rules and Regulations relating to the hand held portable plant and the method of carrying out these duties in a safe and efficient manner.

## Learning Objectives

At the end of this course the delegates will: -

- Understand fully the responsibilities relating to the use of Hand Held Portable Plant
- Understand the Operators role within that system
- Be fully aware of the types of equipment and its purposes
- Understand fully the safety requirements included in the Regulations
- Be aware of and recognize the affects of Hand Arm Vibration
- Know how to safely check plant prior to use and the action necessary with faulty equipment
- Know the requirements when on Network Rail Infrastructure

#### **Course Duration**

Two hours and forty five minutes.

#### **Pre-requisites**

Ideally delegates will hold a valid Personal Track Safety Certificate.

## **Personal Protective Equipment**

Not required for this course.

## Certification

Certification will be awarded to the delegate upon successful completion of an underpinning knowledge theory assessment.